

Chef Donald Mead, right, shows Ney Hall galley's culinary specialists the proper way to chop onions as part of the galley's Ashore Adopt-A-Ship program to teach skills, techniques and procedures related in the culinary and baking/pastry arts. The goal for many of the Sailors is to receive American Culinary Federation (ACF) Personal Certified Chef certification, but to also learn other aspects of the food service industry. The program is sponsored by the Navy Supply System Command Culinary Program and coordinated through Gloria M. Cabral, associate professor of Baking and Pastry Arts, Bristol Community College, Fall River. Practicing knife skills are, from left, CS1 Stephanie Ricci, CS1 Robert Jerdan and CS2 Benny Perez.



#### **Solid Curtain** called success

officer, Commanding Station Newport, 'mission accomplished' in the Solid Curtain/Citadel Shield 2012 exercise last week.

-Page 2



#### **Robotics team** wins recognition

**FIRST Robotics Competi**tion (FRC) Team 78, AIR Strike, wins an engineering award and takes second place in Boston regional competition last weekend.

—Page 5



#### Renovations over at chapel

\$500,000 in renovations finish up at Naval Station Newport's Chapel of Hope in time for Sunday services and Holy Week.

-Pages 8-9

#### Captain's Corner

# Solid Curtain exercise was 'mission accomplished'

Naval Station Newport officially wrapped up this year's Navy wide training exercise "Solid Curtain/ Citadel Shield 2012" last Friday evening. This week-long exercise, held from March 19-24, established a learning environment for players to exercise functional plans and operational capabili-

Commands made it a priority to review internal emergency man-



Capt. Mikatarian

agement plans; NAVSTA was afforded the opportunity to train with our partners outside the fence

line; and the scenarios gave cause mouth Fire and Rescue Departfor all of us to consider our actions personally and professionally during an emergency event. These were some of the successes I observed last week and in the weeks leading up to the exercise.

Our local training exercise took place at Naval Health Clinic New England on Tuesday morning and included the participation of Newport, Middletown and Ports-

ments, the R.I. Emergency Management Agency, Newport Hospital, Lifespan representatives and the R.I. State Police. The lessons learned from that training event have already paid dividends toward improving our methods of communication and response in the event of a real world local emergency.

Naval Station Newport transi-

tioned from our local training event on Tuesday afternoon and began preparing for the Navywide increase in security on board installations throughout the United States. The first order to increase security measures came Wednesday afternoon.

By shortly after noon Thursday, we elevated our measures to their

CAPTAIN, Page 14



Bob Krekorian/U.S. Navy photo

Jamie Mickle, left, Transportation Division work leader, directs the placement of barriers around the access points to the Perry Hall parking lot (south) on March 22, during the Solid Curtain/Citadel Shield security exercise at Naval Station Newport. The forklift operator is Rui Rego, Transportation rigger.



EMERGENCY OPERATIONS — Chief Master-at-Arms Gradie Beauleau, center, deputy Security director, briefs Capt. Douglas Mikatarian, NAVSTA Commanding Officer, on the status of barrier movement operations last week in the Emergency Operations Center during the Solid Curtain/Citadel Shield exercise.

RIGHT: From left, Naval Station Newport Fire Department fire inspector Dave Stimson, firefighter Adam Peterson, and firefighter Mike McLaughlin carry shooting 'victim' with a stomach wound to a rescue wagon during the active shooter exercise at Naval Health Clinic New England on March 20.

MC2 Eric Dietrich/U.S. Navy photo





manding Officer, Naval Station Newbort

Lisa Rama NAVSTA Public Affairs Officer

**Bob Krekorian** NAVSTA Public Affairs Staff

**Greg Kohlweiss** 

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Co., a private limit in Naval Station Newman and Co., a ray, under exclusive white ten contract with the Naval Station Newman and provided by the Public Air The Editorial contract in Newport, RI. The Newport Navalog reserves the right to edit or correct copy to comply with its policies. This publication receives dis-patches from the American Forces Press Service (AFPS).

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# Navy Newport adds | Building monitors key \$513K to CFC drive

By BOB KREKORIAN

Naval Station (NAVS-TA) Newport and its tenant commands were among the federal agencies in Rhode Island (RI)

and Southeastern Massachusetts (SEMA) recognized for their outstanding performance during the 2011 RI/SEMA Combined Federal Campaign (CFC) at an awards luncheon on March 14 at the Officers' Club.

The CFC is the only authorized solicitation of Federal employees in their workplaces on behalf of approved charitable organizations. Pledges and contributions from NAVSTA Newport and its tenant commands totaled \$512,564. This sum represents almost 44 percent of the total dollars raised in the Rhode Island and Southeastern Massachusetts area and a 2.5 percent increase from 2010.

2011 Overall. the RI/SEMA CFC pledges and contributions totaled \$1,168,735. "This is the fifth year that we have raised at least one million dollars," said Vincent Marzullo, chairman, Local Federal Coordinating Committee.

Data from the 2011 campaign, provided by Elizabeth Comeau, director, 2011



RI/SEMA CFC, showed a donor participation rate of 27.3 percent. A total of 4,890 contributors out of a total of 17,945 federal civilian, military and postal employees raised the \$1.2 million. The average per person donation was \$239.

A goal of \$500,000 was set for Navy in Newport commands for the 2011 CFC drive.

Ten Navy commands, two Coast Guard commands, and the U.S. Army Reserve command at Naval Station Newport were recognized in six award categories. The CFC awards program recognizes Federal government organizations and activities for monies raised during the campaign, level of individual participation, and level of continued participation.

Naval Undersea Warfare Center (NUWC) received the Outstanding Achievement Award for achieving an average per person donation of \$467 exceeding the average donation by \$228. NUWC employees pledged \$253,495. NUWC employees achieved a 20 percent participation rate (543 of 2,771 participated).

Naval War College (NWC) received a Platinum Award for achieving an average per per-

son donation of \$476 exceeding the average donation rate by 50 percent. NWC achieved a participation rate of 50.67 percent (227 of 448 participat-NWC employees pledged \$108,098 exceeding last year's campaign total, \$100,241.

Marine Corps Detachment (MARDET), Newport, received a Platinum Award for pledging \$4,491. The detachment achieved a 100 percent participation rate.

The 1st Brigade, 100th Training Division at the Sgt. Michael Paranzino U.S. Army Reserve Center on Simonpietri Drive received a Platinum Award for pledging \$1,174. The unit achieved a 100 percent participation rate.

The Center for Service Support (CSS) received a Gold Award for achieving a 65 percent participation rate and exceeding the previous year's campaign total. CSS employees pledged

Naval Criminal Investigation Service (NCIS), New

CFC, Page 14

# to Navy energy saving

Naval Station Newport recently issued an updated instruction on the installation Building Monitor (BM) Program (NAVSTA Newport Instruction 11000.10A). Aggressive compliance with the provisions of the program is one tool that will help the installation further reduce energy operating costs, encourage energy conservation measures, and bring the installation closer to meeting the SEC-NAV's energy goals. Each building that is occupied and onboard the installation should have a building monitor identified.

According to John Installation Reichert, Energy Program manager, the BM program detects routine facility maintenance problems, focuses on efforts to monitor energy consumption, encourages building users to practice energy conservation measures, and promotes energy conserva-

"It comes down to turning off lights, computers, printers and anything not needed after hours or on weekends," Reichert said. "Building occupants can make a difference," he said.

The BM program is a key component of successful facility management. The



Bob Krekorian/U.S. Navy photo

Yeoman 2nd Class Mike Belasco, Military Support Staff for Commanding Officer, Naval Station Newport, monitors the thermostat in his work spaces in Building 690. Belasco routinely verifies thermostats are set to the appropriate temperatures and occupants of the building do their part to con-

program serves as an energy use software prointerface between tenant commands and the servicing NAVFAC/Public Works Department, and helps to expedite the handling of facility repair work.

The core of the BM program is a group of well trained personnel who quickly and correctly identify, report and monitor, building/facility discrepancies that reduce energy efficiency.

"Building Monitors will be provided with information about their facility's energy use," he said. Reichert maintains several energy consumption.

grams that produce trending graphs so the monitors will be able to track their progress or identify problems early on. "The software programs show actual energy conservation efforts," he said.

"From a facility standpoint, having energy efficient equipment and having projects in place for building improvements and overall renovation are important," Reichert said.

Personnel throughout installation encouraged to help reduce





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#### Bravo zulu



Lt. Sondra Jolly, center, winner of the annual Naval Health Clinic New England National Patient Safety Week Competition, poses with Capt. Lena Hartzell, executive officer of NHCNE, and Barry Botelho, manager of the new Bridge View Café at NHCNE, which donated a week's free lunch to the winner.

### Surgery safety sleuth honored

By KATHY MacKNIGHT NHCNE Public Affairs Officer

Lt. Sondra Jolly, Nurse Corps, was the winner of the annual Naval Health Clinic New England National Patient Safety Week Competition and was recognized at the medical

A surgery exam room was set up with errors and mistakes which staff members had to find and record in a to the winner. friendly competition run by the clinic's Quality Management Team. Capt. Lena Hartzell, executive officer of NHCNE, presented Jolly clinic's quarters on March with a Patient Safety certifi-

cate and Barry Botelho, manager of the new Bridge View Café at NHCNE, donated a week's free lunch

The Bridge View Café has been in operation for a little over a month and has proven to be a huge success and valuable asset to the

### OTCN honors instructors

By LT.J.G. JASON GILMORE Operations Department Officer Training Command Newport

Lt. Carl Matteucci, selected as the Officer Training Command Newport Officer (OTCN) Instructor of the Year for 2011 and Hospital Corpsman 2nd Class Rene Cortez, selected as OTCN's Enlisted Instructor of the Year for 2011, were recognized in ceremonies last week at Callahan Hall at Naval Station Newport.

The awards were presented by Capt. Vernon Kemper, Commanding OTCN.

As the lead instructor for Limited Duty Officer/Chief Warrant Officer Academy course, Lt. Matteucci successfully ensured that 436 students were trained and prepared to enter the Fleet as newly commissioned officers.

A selfless instructor, he spearheaded a significant course development by implementing a 26-hour that was embraced by the officer community manager and students.

Corpsman Cortez is unsurpassed superior knowledge of damage control, firefight- infectious," the award reads.

English grammar course ing and organizational procedures were vital in the training of over 3,500 officer accession students.

"Cortez has been an technical exemplary role model expertise coupled with his whose enthusiasm for training new officers is

#### Send us your personal BZ

The Newport Navalog has introduced a regular feature in this paper, The Bravo Zulu of the Week. We're looking for commands, military families, departments and Sailors/Marines to contribute to this piece.

If you have a photo and information about someone in your command or military family doing something that merits a "BZ," please submit it to the editor: richard.k.alexander1@navy.mil.

All submissions must be received in .jpg format to our office no later than the Friday preceding publication. Please include your name and phone number in case we have any questions.

We want the full name of the individual featured, along with the event and date that merited this BZ.

Some ideas include: marriages, promotions, graduations, new jobs, retirements, or successful diets (before and after).

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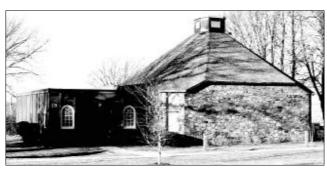
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#### Chapel of Hope Naval Station Newport

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Sunday Services -

7:45 AM & 10:30 Protestant Service 9:00 AM Roman Catholic Mass

#### Bravo zulu

# AIR Strike places second in robotics

BOSTON – Aquindneck Island Robotics Team 78 won the Engineering Inspiration Award and placed second among 53 teams at the Boston Regional FIRST Robotics competition last weekend. The recognition qualifies the team for the FIRST Robotics World Championship in St. Louis on April 25-28.

The team's robot, AIR Strike, in an alliance with two other Massachusetts-sponsored robots, also made it through the quarterfinals and semifinals before being defeated in the final round in the regional championship.

The three-day robotics competition featured teams made up of high school students partnered with science and technology professionals. AIR Strike

BOSTON – Aquindneck is comprised of 35 high land Robotics Team 78 school students from 12 high schools across Rhode ation Award and placed Island.

Teams were given six weeks to build a 5-foot, 150 pound robot to play the 2012 FRC game, Rebound Rumble<sup>TM</sup> in 2 minute, 15 second matches.

The engineering award recognizes outstanding success in advancing respect and appreciation for engineering and engineers, both within their school, as well as their community.

feated in lin the nship. Center (NUWC) Division robotics featured of high partnered BAE Systems, KVH Industries, and jcpenney.

# Seabees, NAVFAC, CEC mark their anniversaries

CRYSTAL CITY, Va. — More than 580 people assembled in Crystal City, Va., March 17 for the annual celebration of the anniversaries of the Seabees, Civil Engineer Corps (CEC), and Naval Facilities Engineering Command (NAVFAC).

NAVFAC Commander and Chief of Civil Engineers Rear Adm. Christopher J. Mossey hosted the special occasion to honor these organizations' past, present and future.

"Always ready and deployed worldwide, our Seabees, civil engineers, and civil servants continue to build on the foundation laid before them," he said. "We are proud to be a vital part of our Navy's global force for good."

This year's ball marks the 70th anniversary of the Seabees, the 145th anniversary of the Civil Engineer Corps, and the 170th anniversary of NAVFAC which was established in 1842 as the Bureau of Navy Yards and Docks.

Chief of Naval Operations Adm. Jonathan W. Greenert was the guest speaker, and was made an honorary Seabee during the event.

"A long and illustrious history precedes these men and women; and today they are writing a new and wonderful legacy," said Greenert following the ceremony. "We honored 70 years of Seabees, 145 years of the Civil Engineer Corps, and 170 years of the Naval Facilities Engineering Command."



Joseph Menassa photo
The Aquidneck Island
Robotics 4-Club poses
with its robot, AIR Strike,
which competed as
Team 78 in FIRST Robotics Competition in Boston last weekend. The
team won the Engineering Inspiration Award.
The next competition
will be FIRST Robotics
World Championships in
St. Louis next month.

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#### Special events

#### **Piccadilly Circus in R.I.**

KINGSTON - Information, Tickets and Travel has a limited number of free tickets for children 13 and under to the Piccadilly Circus in Kingston today. Adults may buy one, get one free online at www.thefuncircus.com; or call (401) 788-3200.

For more information, call ITT at 841-3116.

#### Free Shriners Circus

WILMINGTON, Mass. - As a tribute to military members and their familes, the USO is offering complimentary tickets to the opening night of the Shriners Circus on April 18, at 7 p.m.

The event is ideal for children 12 and under, but will certainly entertain those of all ages. Details on how to obtain your tickets will be posted on the USO website www.uso-newengland.org

The Shriners Auditorium is located at 99 Fordham Road in Wilmington. The parking is free.

#### **Harlem Globetotter tickets**

PROVIDENCE — Tickets are available for the Harlem Globetrotters on Friday, March 30, at 7 p.m. and Sunday, April 1, at 2 p.m., at the Dunkin Donuts Center.

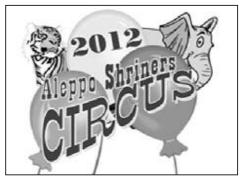
Tickets are \$16.50 each and are located in the lower sec-

For more information, call Information, Tickets and Travel at 841-3116

ITT is open Wednesday through Friday 10 a.m. to 6 p.m.

#### **Easter Bunny coming**

The Morale, Welfare and Recreation Easter Faire will be at the Officers' Club, Saturday, March 31, 9 a.m. to 1 p.m. The Toe Jam Puppet Band will sing children's songs and entertain, and the Easter Bunny will visit and pose for free



CIRCUS FUN — The USO is offering complimentary tickets to military families for the opening night of the Shriners Circus, on April 18 at 7 p.m., in Wilmington, Mass. Story at left.

There will be arts and crafts tables, along with concessions. Cost is \$2 per person at the door. For more information, call the MWR Specials Events at 841-3127.

#### **Energy and politics**

The 2012 "Great Decisions" Seminars, co-sponsored by the Newport Council for International Visitors (CIV) and Salve Regina University's Pell Center for International Relations & Public Policy, will continue on Wednesday, April 4, 6:30 p.m., at the Bazarsky Lecture Hall, in the O'Hare Academic Center.

William Sweet, a journalist and author who covers issues of energy resources, climate change and nuclear proliferation will present "Energy Geopolitics."

The energy markets have been shaken by the instability of Middle East oil and the vulnerability of nuclear power. Moreover, developing countries like China and India are becoming bigger energy consumers, while energy producers like Russia see the opportunity to widen its influence. In this changed landscape, the question is how will U.S. energy needs affect relations with other nations?

Reservations are suggested for this and other seminars. To reserve, call 341-2927 or e-mail pellcenter@salve.edu. For more information, call Bob Sleiertin at 847-5196 or visit www.newportciv.org.

#### College representatives here

The monthly College Information Session will be held at the Building 690 atrium, Wednesday, April 4, from 10 a.m. to 2 p.m. Enrollment representatives from the University of Phoenix, Coastline Community College, Charter Oak State College, Roger Williams College, Post University and Navy College will staff tables.

For information call Navy Counselor 1st Class Zeporah Dasher at 841-6198.

#### **Comedy Series resumes**

The Comedy Series at the Officers' Club returns with Jim Lauletta on Wednesday, April 4, and Rich Ceisler on Wednesday, April 18. Free shows start at 7 p.m. and open to anyone who has base access.

The comedians' material is geared for adult entertainment; some word choices are not family friendly. Call 841-1442 for information.

#### **Upcoming:**

April 4 — Ash Wednesday

April 5 – Maundy Thursday

April 6 - Good Friday

April 8 – Easter Sunday



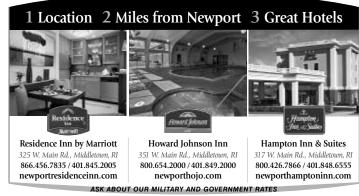
94 William Street, Newport, RI 401.619.3770

GeniesHookah@Gmail.com











# TAMP seminar eases the civilian transition

EDITOR'S NOTE: Some of the Fleet and Family Support Center workshops and meetings require registration. Call 841-2283.

The regular Transition Assistance Management Program (TAMP) seminar is designed to assist servicemembers leaving the military to prepare for transition to civilian life.

It is scheduled for April 2-6, 8 a.m. to 4 p.m., at the Morale, Welfare and Recreation conference room, Building 656. Information on veterans benefits, health care options, job-search techniques, disability claims, and much more will be offered. Spouses are encouraged to attend.

Registration is required.

## Here's a look ahead to upcoming workshops:

New Spouse to the Military — April 3 from 9:30 to 11:30 a.m.

Thoughts and Feelings Seminar: Controlling Your Anger — April 2-6 from 8 a.m. to 4 p.m.

Sexual Assault Prevention and Response Liaison Training — April 10 from 8 a.m. to 4 p.m.

#### First Presbyterian Church

We love the Lord Jesus Christ and believe in the authority of Scripture and the power of prayer.

Sunday School for all ages 9:15am

Worship Service 10:30am

Dr. William J. Maxwell, Pastor



www.fpcnewport.org Broadway at Everett Stree 847–1749 A friendly place to grow in April is Sexual Assault Prevention Month

Every two minutes someone in America is sexually assaulted. This is not an act of sex, but one of power and control.

Most victims know their assailant, making the attack harder to process and report.

Sexual Assault Prevention and Response (SAPR) program information tables will be set up in various locations throughout Naval Station Newport each week during the month.

If you or someone you know has been a victim, call the NAVSTA victim advocate confidential number for support at (401) 450-2327 or for information contact the SARC representative, Allison Agnello, at 841-4426.

Schedule and locations for SAPR information tables:

April 2 — Building 690, 9 to 11 a.m.

April 11 – Newport Commissary, 11 a.m. to 1 p.m.

April 18 – Ney Hall galley, 11 a.m. to 1 p.m.

April 24 — Recreation Center, Building 656, 11 a.m. to 1 p.m.

#### **Announcements**

#### **Eight Bells Lecture set**

The Eight Bells Lecture Series will continue at the Naval War College Museum, Thursday, April 5, noon. Chuck Veit will discuss his book, "A Dog Before a Soldier," illustrating some of the many roles played by the U.S. Navy in the Civil War.

The lecture is free and open to the public, by reservation. Guests are welcome to bring a brown bag lunch. Visitors without a DoD decal/ID card should call 841-2101, at least one working day before the event.

#### Pet appointments accepted

The Army Veterinary Clinic at Leisure Bay will receive walk-in appointments with the veterinarian on staff the next Friday, April 6. The clinic will be open from 9 a.m. to 3 p.m. Call 841-3994 for information.

#### **Road closure posted**

A portion of Elliot Avenue along the length of Perry Hall west side, between Whipple Street and Perry Court, will continue to be closed through today to permit crane operations. Detour routes have been established and NAVSTA Fire and Security have been notified.

PLEASE REMEMBER TO OBEY ALL SPEED LIMITS ON BOARD NAVAL STATION NEWPORT.

#### Official Navy photos taken

If you are active duty or reserve military looking for a little assist getting that full body picture taken for a future promotion/selection board contact the NAVSTA Newport, Public Affairs Office (PAO) for a photo appointment.

NAVSTA PAO is arranging for studio time for official photos only on Thursday, April 12, from 1 to 3 p.m. Photo time slots are every 15 minutes and will fill up quickly.

Call Greg Kohlweiss at 841-6203 or email him at Gregg.kohlweiss@navy.mil.

Deadline for appointments is noon, Wednesday, April 11.

#### **MWR Summer Camp registration**

The annual Morale, Welfare and Recreation Summer Camp is open to children, ages 5 through 12, of active duty personnel, DoD civilians and contractors. Five-year-olds must have completed kindergarten.

Fees are paid weekly and are based on total family income. A nonrefundable \$50 deposit is required at registration. Camp begins on Monday, June 18, from 6:15 a.m. to 5:30 p.m.



Parents must bring a current LES and/or paystub for all adults in the household married or not at the time of registration.

Registration begins April 2 for in-house patrons (children already registered in School Age Care Program); April 9 to 11 for children of active duty personnel (hours extended until 7 p.m. on April 9 for camp registration); and April 12 for children of DoD civilians and contractors.

Registration will take place at the School Age Care, Building 1297, first floor. For more information, call School Age Care at 841-2883.



# Chapel of Hope reopens Sunday

By GREG KOHLWEISS

Renovations on Naval Station Newport's Chapel of Hope, Building 1172, will be completed in time for Sunday services, April 1, said Chaplain (Cmdr.) Carl Trost, NAVSTA command staff chaplain.

This was the first major renovation project on the chapel since it was built in 1977. Services have been held in neighboring Capt. Howard Kay Hall for most of the month, and the chapel staff has been relocated to Brett Hall on Coasters' Harbor Island.

The Naval Facilities Engineering Command (NAV-FAC) oversaw the design and construction of the project. The design was done by Gale Associates, Inc. of Weymouth, Mass., and construction was contracted to K & K Construction of Eliot, Maine, which completed most of the \$500,000 renovations to the



Chaplain Trost discusses the progress of the renovations in the sanctuary with project supervisor Bethany Collard, Naval Facilities (NAVFAC) Mid-Atlantic.

chapel. NAVFAC Midlant, Public Works Newport ren-



Grea Kohlweiss/U.S. Navy photos

Chaplain (Cmdr.) Carl Trost, Naval Station Newport command staff chaplain, talks about the exterior repairs completed at the Chapel of Hope on Coddington Point.

ovated the men's and women's restrooms.

Roof repairs included enlargement and installation of overflow scuppers,

downspouts, conductor heads and portions of the adjacent roof mémbrane, plus flashings and underlayments.

The chapel's exterior plywood wood siding was removed. and damp-proofing and associated trim boards were added.

The contractor also replaced the cedar shingles and painted all existing exterior trim work; replaced exterior bollard lighting, metal railings. double hung aluminum windows, all exterior doors, frames, aluminum

exterior and interior of the entrance systems and storefront, and half circular

CHAPEL, Page 9



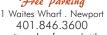
Workmen from K & K Construction of Eliot, Maine, use scissor lifts to replace light fixtures and paint the ceiling.











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#### Chapel

#### Continued from Page 8

stained glass windows.

Interior work on the sanctuary included replacement of carpeting, the ceiling and vinyl wall coverings.

Work on the rest of the building included removal and replacement of all carpeting, ceiling systems, unit heater in vestibule and interior lighting.

These were much needed improvements to the facility, Chaplain Trost said.

Trost said that he was very pleased with the way the project is turning out and for the assistance received from Bethany Collard, the NAVFAC project manager.

"The Chapel of Hope is a spiritual sanctuary for everyone on the base," Trost said, adding he hopes all will stop by to see the improvements, and come in for worship and fellowshin

This Sunday's Protestant services will be at 7:45 and 10:30 a.m. Catholic Mass will be at 9 a.m.

The Holy Week schedule is: Maundy Thursday, April 5, Catholic Mass at 5 p.m. and Protestant service at 6:15 p.m.; Good Friday, April 6, with Catholic Mass at 5 p.m. and Protestant Tenebrae at 6:15 p.m.; and Easter Sunday, April 8, Protestant service with communion at 7:45 a.m. and 10:30 a.m. and Catholic Mass at 9 a.m.

The chapel will add a Protestant weekly communion service beginning April 15 at 7:45 a.m. The new service follows what is called a liturgical tradition used by Lutherans, Episcopalians, United Church of Christ, and some Methodists and Presbyterians (and many others coming from the Protestant Reformation).

For more information, call the Chapel of Hope at 841-2234.



Chaplain Trost comments on renovations to the men's restroom with David Gray, NAVFAC Public Works Newport carpenter





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#### Leisure

#### **Internet Café**

(Building 1255, 841-2088) •Personal computers are available seven days a week to send and receive e-mail.

surf the worldwide web, play games - all free. Have a cup of Starbucks coffee at the Coffee Shop while you're here.

The café is open Monday through Friday, 9 a.m. to 8 p.m., weekends and holidays, 8 a.m. to 6 p.m.

#### Officers' Club

(Building 95, 841-1442) Join the Officers' Club for lunch or dinner nine times and get a Supper Club Card validated each time and

your tenth dinner is on us! The free meal is for dinner only, and steak and lobster night is not included. Gratuity and alcoholic beverages are also not included.

For more information, call the club at 841-1442.

TUESDAY: Kids Eat For Free from 5 to 8 p.m. with the purchase of one adult meal for children 12 and under!

One free kid's meal from the children's menu is offered per one adult meal. Adult meals consist of an entrée salad, sandwich, burger or entrée, or special entrée from the Topside menu, for dine-in only.

WEDNESDAY: \$10 Steak Night: An 8 ounce grilled angus New York strip steak is offered starting at 5 p.m.

The Comedy Series continues at Topside in the Officers' Club. The next show will be on Wednesday, April 4, at 7 p.m. with Jim Lauletta.

The free show is open to anyone with base access. The comedians' material is geared for adult entertainment, so some word choices are not family-friendly.

For more information. call the Officers' Club at 841-1442.

THURSDAY: Enjoy a

dinner below market price, served in Topside Restaurant starting at 5 p.m.

FRIDAY: Wings & Fins Night from 4 to 6 p.m. Lenten specials available all day long, plus 30 cent wings are sold in increments of

Order Buffalo, barbecue. garlic parmesan, teriyaki or Chef Haydee's Country Fried Wings for dine-in only.

Ask about the Lenten specials.

SATURDAY: Kid's Night Out: Beginning at 4 p.m., children are invited to come and enjoy kid's activisteamed lobster or lobster ties, a buffet, dessert and a

free movie at the Officers' Club on Saturday, April 21. The movie, Toy Story (G), will begin at 5 p.m.

The kids buffet is \$6 and includes a drink and dessert. Children must be accompanied by an adult at all times. The Topside menu will be available from which parents may order. Movies are broadcasted through the Navy Motion Picture Service.

#### Recreation Center

(Building 656, 841-4293. Enter through Seaview Lanes)

Bowling: The Seaview Bowling Lanes Center state-of-the-art facility features regular and Xtreme bowling. The center also serves lunch, Monday through Friday beginning at 11 a.m. Call ahead and have your lunch order LEISURE, Page 11



MARCH	SUN	MON	TUE	WED	THU	FRI	SAT
GYM 109	9 a.m4 p.m.	5 a.m9 p.m. HOLIDAYS 9-5	5 a.m9 p.m.	5 a.m9 p.m.	5 a.m9 p.m.	5 a.m7 p.m.	7 a.m5 p.m.
POOL 307	CLOSED	6-8 a.m., 10:30 a.m 1:30 p.m., 3-6 p.m., HOLIDAYS CLOSED	6-8 a.m., 10:30 a.m. -1:30 p.m., 3-6 p.m.	6-8 a.m., 10:30 a.m. -1:30 p.m., 3-6 p.m.	6-8 a.m., 10:30 a.m. -1:30 p.m., 3-6 p.m.	10:30 a.m. -1:30 p.m., 3-6 p.m.	8 a.m1 p.m.
BOWLING CENTER	1-8 p.m.	11 a.m8 p.m. HOLIDAYS 12-6	11 a.m8 p.m.	11 a.m8 p.m.	11 a.m8 p.m.	11 a.m10 p.m.	1-11 p.m.
LIBERTY CENTER	12-8 p.m.	4-8 p.m. HOLIDAYS 12-6	4-8 p.m.	4-8 p.m.	4-8 p.m.	4 -10 p.m.	12-10 p.m.



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#### Leisure

#### Continued from Page 10

ready when you arrive. Hours of operation are:

Monday through Thursday, 11 a.m. to 8 p.m.: Friday 11 a.m. to 10 p.m.; Saturday, 1 to 11 p.m.; Sunday, 1 to 8 p.m.; and federal holidays noon to 6 p.m.

Rates: \$3.50 per game and \$2 for shoe rental.

#### April specials

APRIL FOOL'S DAY, APRIL 1: Tell a joke to the bowling staff at the desk that makes them laugh and your shoe rental is free.

SCHOOL VACATION: Bowl during school spring vacation for just \$1 per game, Monday through Friday from 11 a.m. to 3 p.m.

EASTER SUNDAY, APRIL 8: Pick an Easter egg from the bowling basket for a special surprise.

#### **Special fitness** activities

(Gym 109, 841-3154)

BOSU Lateral Hops on Wednesday, April 4, from 6 a.m. to 7 p.m. Join the challenge at Gym 109 to complete as many BOSU lateral hops as possible in 60 seconds..

Starting position: one foot on top of BOSU and the opposite hand touching the top of the BOSU ball as well.

Move laterally so the foot that was on the ground touches the BOSU as well as the opposite hand. Continue lateral motion, alternating feet and opposite hand for 60 seconds, with no rest. So, how do we count?

Every time your hand touches the top of the BOSU that is considered one rep. For more information, register at Gym 109 or call 841-3154.

• Dodgeball Tournament at Gym 109 on April 11 from 5 to 7 p.m. Get a team together and get ready for a night of fun! Can your command take over the bragging rights this year? Greg O'Shea at 841-3420. for more information.

· March Madness Special: March on over to Gym 109 after you make your appointment one week in advance and receive an additional 15 minutes free! Make time for yourself and plan ahead! This special ends Saturday, March 31.

For more information, call 862-9043.

#### **Pool 307**

(Building 307, 841-6628) Cornell Swim Academy offers youth swimming lessons April 9 to May 10. Registration will be held April 2

If you don't intend to swim during school vacation week, April 20-24, the fee is \$56 for four weeks of lessons: otherwise the normal fee is \$70 for five weeks

The fee for class is per child and is due at time of registration. Cash, check or money order only are accepted. credit/debit cards are not accepted.

Classes will run twice a week for five weeks; registration is on a first come, first serve basis.

Registration is accepted during normal pool operathours: Monday, ing Wednesday and Friday, 10:30 a.m. to 1:30 p.m. and 3 to 6 p.m.; Tuesday and Thursday, 6 to 8 a.m., 11 a.m. to 1 p.m. and 3 to 6 p.m.; Saturday 9 a.m. to noon. For more informacornel email tion. lswimacademy@hotmail.co m or call Pool 307 at 841-6628.

#### **Liberty Center**

(Recreation Center Building 656, 841-3054)

Hours of operation are Monday to Thursday, 4 to 8 p.m.; Friday, 4 to 10 p.m.; Saturday, noon to 10 p.m.; Sunday, noon to 8 p.m.; and holidays noon to 6 p.m.

The Liberty Center has eight computers and wire-

Sign up at Gvm 109 or call less Internet access, so bring your own laptop and log on anywhere in the building. Check out the billiards, foosball and pingpong tables, three flat screen televisions for Xbox, Xbox 360,

This facility is alcoholfree and is only open to active duty military personnel and reservists who are single or unaccompanied.

#### March events

Tonight - Billiards Tournament, with prizes, 6 p.m. March 31 - Final Four weekend, free snacks!

#### April events

April 1 - Texas Hold'em Tournament, with prizes, 6

April 2 - Ping-Pong Tournament with prizes, 6 p.m. April 3 – Wii Sports Tournament, with prizes, 6 p.m. April 4 – Billiards Tourna-

ment, with prizes, 6 p.m. April 5 – Guitar Hero, with prizes, 6 p.m.

April 6 – Volleyball games outside the Liberty Center! April 7 - Free Dessert Day, while it lasts!

Ápril 8 – Texas Hold'em Tournament, 6 p.m.

#### Naval Station Newport Dining

#### Officers' Club, Building 95, 841-1442

Monday through Thursday, 11 a.m. to 9 p.m. Friday, 11 a.m. to 10 p.m. Saturday, 4 to 10 p.m.

Sunday and holidays, closed

Enlisted Club, Building 656, 841-2575 Monday through Thursday, 11 a.m. to 9 p.m. Friday, 11 a.m. 10 p.m. Saturday, 4 to 11 p.m. Sunday, 1 to 8 p.m. and holidays, noon to 6 p.m.

#### **Seaview Lanes Bowling Center Building 656, 841-4293**

Monday through Thursday, 11 a.m. to 8 p.m. Friday, 11 a.m. to 10 p.m. Saturday, 1 to 11 p.m. Sunday, 1 to 8 p.m. and holidays, noon to 6 p.m.

#### America's Cup Café. **Building 684, 841-3420**

Monday through Friday, 6:30 a.m. to 2 p.m. Closed, weekends and holidays

#### Leisure Bay, Building 1255, 841-2088

Monday through Friday, 9 a.m. to 8 p.m. (drive thru window is open 6:30 a.m. to 8 p.m.) Weekends and holidays, 8 a.m. to 6 p.m.

#### Hewitt Hall Café, 841-4655 (NWC personnel only)

Monday through Thursday, 6:30 a.m. to 3 p.m. Friday 6:30 a.m. to 2 p.m.









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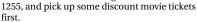
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#### Information, Tickets & Travel

#### See current flicks at discounted price

Are you planning on seeing a movie this weekend? Stop by the Information, Tickets and Travel (ITT) office, Building



Tickets cost just \$7.25 each (\$1.75 savings) and may be used at the Island Cinemas in Middletown. Tickets to the Jane Pickens Theater in Newport are \$6.75 (\$1.25 savings).

Tickets are \$8.50 each (\$1.75 savings) for Showcase Cinemas, Warwick, for retirees and Department of Defense employees. Active duty must show their ID at the theaters and receive a ticket for \$7.

#### **Timeshare resorts** at military discount

All active duty and retired military personnel, reservists and Department of Defense personnel are eligible to participate in the Armed Forces Vacation Club.

The club provides one-week vacations on a space available basis starting at \$349 at locations throughout the world.

For complete information, visit the Armed Forces Vacation Ĉlub website at www.afvclub.com (when booking a reservation use installation No. 163) or stop by the Information, Tickets and Travel Office in Building 1255.

#### **Enjoy two dinners** for price of one

More than 75 Newport County restaurants belong to Dine Out Dinner Club. A book of coupons costs just \$18.50 each, and entitles the user to two dinner entrees from the price of one. Some restrictions are

For more information, call 841-3116.

#### See the P-Bruins play in Providence

Catch all the action of the Providence Bruins at the Dunkin Donuts Center. Vouchers are \$14.50 each and can be redeemed for the best available seats at the box office. Regular admission is \$28.

#### **Passport photos** available at ITT

Are you in a hurry and need a passport photo fast? Then visit the Information, Tickets and Travel (ITT) office in Building 1255. No appointment is necessary. Photos cost \$8 and can be done Wednesday through Friday, 10 a.m. to 6 p.m. For more information, call ITT at 841-3116.

# Sailors with spring fever get Navy's safety advice

NORFOLK, Va. (NNS) — (NAVSAFECEN) offers tips for Sailors in advance of spring vacations.

The biggest stereotypes about spring break revolve around alcohol abuse. While movies and television may glamorize binge drinking, the Centers for Disease Control (CDC) report that this behavior can be deadly.

They define binge drinking as a male consuming five or more alcoholic beverages or a woman consuming four or more alcoholic beverages within a two-hour period. They report findings that have alarming implications for Sailors:

- · The prevalence of drinking among men is higher than the prevalence among women.
- · About 90 percent of the alcohol consumed by those under the age of 21 is in the form of binge drinks.
- · Binge drinkers are 14 times more likely to report alcohol-impaired driving than non-binge drinkers.

Given that there are a large number of males and younger adults in the Navy, these statistics show there is reason for concern. Nonetheless, Sailors have plenty of smart options, according to Dan Dray, a traffic and recreation safety specialist at NAVSAFECEN.

'We know that the young Sailors and Marines are going to go out and have fun, but the biggest asset they have in terms of safety is their peers. Everyone carries a cell phone these days, so if you've had too much to drink, call a friend to come pick you up or take advantage of the safe ride programs that many ships offer," Dray said.

Training and awareness appear to be paying off. The

Naval Safety Center tracks The Naval Safety Center whether alcohol was a factor in fatal mishaps. The recently completed winter safety campaign ran from last Dec. 1 through Feb. 29. This season there were two fatalities where alcohol was a contributing factor. Both were motor

vehicle mishaps. While impaired driving is an obvious danger associated with overconsumption of alcohol,

there are other problems as well. Aside from health risks such as high blood pressure, stroke, neurological damage and liver disease, the CDC reports that alcohol abuse is a major factor in sexual assaults. Eliminating this criminal behavior is a major goal in the Navy and Marine Corps according to a blog post by Secretary of the Navy Ray Mabus.





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Questions? E-mail Sports Editor, Scott Barrett, Barrett@NewportRI.com



#### Quick take



Name: Ensign Timothy Palik **Iob title:** Construction manager

Command/Department: Naval Facilities (NAV-FAC) Engineering Command, Mid-Atlantic, Public Works Department Newport

Hometown: Chappell, Neb.

Most memorable career event: Very recently, as public affairs officer for Naval Mobile Construction Battalion ELEVEN, my department and I received second place for the Chief of Navy Information (CHINFO) Merit Award Category T, Outstanding Blog.

Favorite duty station: Always the one I'm at. Role model(s): My brother, Josh.

Free time activities: Spending time with my wife, Sarah; lifting weights; running; reading; playing with my dogs.

Favorite book: The Adventures of Sherlock Holmes, Volume 1.

Favorite movie: Rocky I through V sequels, and Rocky Balboa; followed by Willy Wonka and the Chocolate Factory.

Favorite TV show: Top Gear Favorite sport: College football Favorite team: Nebraska Cornhuskers Favorite local restaurant: Benjamin's

Favorite quote, motto or phrase: "Let me tell you something you already know. The world ain't all sunshine and rainbows. It is a very mean and nasty place and it will beat you to your knees and keep you there permanently, if you let it. You, me, or nobody is gonna hit as hard as life. But it ain't how hard you hit; it's about how hard you can get hit, and keep moving forward. That's how winning is done. Now, if you know what you're worth, then go out and get what you're worth. But you gotta be willing to take the hit, and not point fingers saying you ain't where you are because of him, or her, or anybody. Cowards do that and that ain't you. You're better than that!" - Rocky Balboa

Long-term goal in life: Serve my country in the Civil Engineer Corps for 30 years.

If you could, what one thing would you add to NAVSTA Newport: I would add wider streets so as to increase vehicular safety.

#### Information, Tickets & Travel

#### **Disney welcomes** active duty

Walt Disney World offers a military special to four theme parks in Orlando, Fla. A four-day pass is



offered for only \$135.50 each. Up to six tickets may be purchased per valid ID card and are available to active duty U.S. military personnel, retirees and

Tickets must be purchased and used by Sept. 30, and blackout dates are July 4 at Disney's Magic Kingdom only, and April 1 through 12, at all parks.

Purchase your tickets at the ITT office in Building 1255 which is open Wednesday through Friday, 10 a.m. to 6 p.m.

For information, call 841-3116.

#### **Kenny Chesney returns to Gillette in August**

Information, Tickets and Travel office has tickets to the Brothers of the Sun Tour featuring Kenny Chesney and Tim McGraw on Saturday, Aug. 25 at Gillette Stadium in Foxboro, with special guests Grace Potter and the Nocturnals and Jake Owen. Tickets are \$105 and there is a 10 ticket limit per

person.

For more information, call ITT at 841-3116.



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The Auto Skills Center is open Thursday and Friday from 11 a.m. to 7 p.m., Saturday from 9 to 5 p.m., and Sunday from 10 a.m. to 5 p.m. The center is closed Monday through Wednesday. For more information, call 841-3026.









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#### The Aft Lookout



NWC Museum Archives photo

Deck Seamanship instruction was an important part of a sailor's training. Building 403 at Naval Training Station had a variety of mock-ups to teach all aspects and facts regarding Navy ships. This mock-up was for teaching about deck fittings and the nomenclature associated with ground tackle. These deck fittings are all labeled and these seamen are learning a new language: bull-nose, hawse pipe, chock, pelican hook, windlass, and chain

#### Captain

#### Continued from Page 2

retail and recreational facilities began to close down immediately and commands and programs not directly engaged in security related activities dropped down to Mission Essential Personnel only; life support, emergency services or part of the emergency operations center/incident management team began to transition to minimal manning.

I'd like to thank all of the commands and personnel who made this training such a success. A big factor in this is our ability to focus solely on mission essential functions while greatly reducing the number of potentially vulnerable personnel on base. Gate 2 counted less than 120 vehicles entering the installation between 6 and 8 a.m. on Friday - about a sixth of the traffic routinely entering the base on a weekday.

As part of the drill, public works relocated and placed barriers securing access to Coddington Point within hours of receiving their support call. Auxiliary Security Force personnel were outfitted and ready to report to

highest levels of the exercise. All their posts in record time. Anyone who regularly comes to or works on NAVSTA Newport was impacted by this exercise.

The flexibility commands showed in their support of this event went above and beyond, and I appreciate it. Officer Training Command Newport and Navy Supply Corps School rescheduled graduations. Both the Marine Corps Detachment Newport and Naval Facilities Engineering Command Newport arranged for off-site facilities to support their training.

Marine Corps Detachment held classes and a seminar on Friday at the local VFW in Middletown. Others significantly adjusted their normal operations as well. I'd also like to pass a special thank you to others who use base facilities and services for tolerating the inconvenience.

I encourage all of you to take the lessons learned from last week's training to heart. Safe-guarding our personnel who work and live on Naval Station Newport is the first step in mission accomplishment.

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Part-time (25 hours per week).

#### Requirements

Bachelor's degree or equivalent. Two years experience in editorial writing and/or media production. Superior organization and phone skills, ability to communicate effectively within the office and with members of the community. Effective at multi-tasking, on deadline and under pressure. Computer and Internet savvy.

We are looking for a confident, trustworthy people person who is able to work independently as well as part of our team. Must be flexible, reliable and quick on your feet. Knowledge of and resources in the local area are essential, as are fresh ideas, enthusiasm and sense of humor!

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Newport Life

#### CFC.

#### Continued from Page 3

England Field Office, Newport, increase in the last year's camreceived a Gold Award for exceeding last year's campaign and achieving a 52 percent participation rate. NCIS employees pledged \$2,076.

Surface Warfare Officers School (SWOS) received a Silver Award for achieving an increase in last year's campaign total and exceeding the average per person gift. SWOS personnel pledged \$25,728. The average per person donation was \$255.

Officer Training Command, Newport (OTCN), received a Silver Award for achieving an increase in the last year's campaign total and achieving a 37 percent participation rate. OTCN employees pledged \$26,462.

Naval Health Clinic New England (NHCNE) received a Silver Award for achieving an pation rate.

paign and exceeding the average per person donation rate. NHCNE employees pledged \$18,307. The average per person donation was \$277

Coast Guard cutters Ida Lewis and Juniper each received a Silver Award for achieving a 30 percent donor participation rate (35 percent and 30 percent. respectively) and achieving an increase in total dollars raised above the 2010 campaign. Ida Lewis personnel raised \$2,368. Juniper personnel raised

Navy Supply Corps School (NSCS) achieved the New Campaign Award. In their first year of participation in the RI/SENA CFC, NSCS personnel pledged \$9,617. NSCS personnel achieved a 32 percent partici-



Bob Krekorian/U.S. Navy photo

From left, Command Master Chief Jim Roberts, Logistics Specialist Chief Ray Paradis, and Capt. Dana Weiner, Commanding Officer, Center for Service Support (CSS). accept a Gold Award for the command's participation in the 2011 Rhode Island and Southeastern Massachusetts Combined Federal Campaign (CFC). CSS was one of 10 Navy in Newport commands recognized during an awards luncheon, March 14, at the Officers' Club.



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# Solid Curtain 2012 exercise called 'resounding success'

U.S. Fleet Forces Public Affairs

NORFOLK (NNS) — The Navy wrapped up its largest annual security exercise March 23 after a week of training designed to test the service's ability to respond to nationwide threats to its installations, units, personnel and families.

The exercise, known as Solid Curtain-Citadel Shield (SC-CS) 2012, was led by Commander, U.S. Fleet Forces (USFF) and Commander, Navy Installations Command (CNIC) and began March 19.

"Our intent was to accurately simulate real-world conditions, and to assess how our forces operate in that environment," said Adm. John C. Harvey Jr., commander of USFF. "Overall, it was a resounding success and a large part of that can be attributed to the lessons we've learned from previous years."

One of the takeaways from last year's exercise was that sudden increases in security could have a major impact on traffic caused by personnel entering and exiting local bases under increased scrutiny.

# High Year Tenure program helps size Navy enlisted force

**By MC3 ANDREA PEREZ** 

Navy Personnel Command Public Affairs

MILLINGTON, Tenn. (NNS) — The Navy's High Year Tenure (HYT) program is a force management tool used to size and shape the active-duty and Reserve enlisted force, officials said March 26.

HYT sets the maximum number of years an enlisted Sailor may serve based on rank before he or she must advance, separate or if eligible, retire.

"High Year Tenure assists in force management by limiting the number of years a Sailor may serve without showing professional growth via the advancement system," said Senior Chief Personnel Specialist John Gigliotti, Navy Total Force Policy Advancement Planning for HYT Policy, Office of the Chief of Naval Operations.

By limiting how long Sailors can remain in the Navy, the HYT program increases advancement opportunity for high-performing Sailors across paygrades and Length of Service (LOS).

"HYT policy recognizes Sailor performance by separating Sailors who have not advanced after a set amount of time," said Gigliotti. This gives other Sailors who are performing at or above Navy standards better advancement opportunities, because the Navy advances Sailors to fill openings in the next higher rank."

The following HYT LOS gates have been established based on pay grade:

- •E1/E2 Active-duty/Full-Time Support (FTS), 4 years; Reserve, 6 years;
- •E3 Active-duty/FTS, 5 years; Reserve, 10 years;
- •E4 Active-duty/FTS, 8 years; Reserve, 12 years;
- •E5 Active-duty/FTS, 14 years; Reserve, 20 years; •E6 — Active-duty/FTS, 20 years; Reserve, 22 years;
- •E7 Active-duty/FTS/Reserve, 24 years;
- •E8 Active-duty/FTS/Reserve, 24 years;
- •E9 Active-duty/FTS/Reserve, 30 years

# Unmanned maritime vessels present host of legal issues

By MC2 ERIC DIETRICH

More than two dozen technical and legal experts met March 20 and 21 to examine and discuss legal issues regarding the use of unmanned systems in a maritime environment at the Unmanned Maritime System Legal Workshop hosted by the U.S. Naval War College (NWC).

This is the first time technical, unmanned maritime systems and international legal experts came together to discuss the role of these systems," said U.S. Coast Guard Capt. Andrew Norris, a member of NWC's International Law Department and the coordinator for the workshop.

Unmanned maritime systems are vessels designed to operate on-orunderwater without a human operator onboard, similar to drone aircraft. But according to Norris, there are questions about how they should be classified within maritime and armed conflict laws.

"First and foremost, what's the status of these things," said Norris. "Are they vessels? Are they warships? Are they torpedoes? How should unmanned maritime systems be classified under the law? That answer really drives a lot of the other issues."

During the first day of the conference, invited participants discussed four main issues of unmanned maritime vessels: the status of various types of unmanned vessels, maritime "rules of the road", maritime zone issues and law of armed conflict issues.

The importance of classifying what kind of object these unmanned systems was evident in the first day's discussion.



IWC photo

Two dozen technical and legal experts discuss the role of unmanned maritime vessels at a workshop hosted by the Naval War College's International Law Department last week.

There are international rules that control how and when, for example, a submersible vessel can operate in another nation's territorial sea," Norris said. "So what laws apply for unmanned systems?"

But for a fleet commander in a combat situation, the more important question about how these things can be used in sea warfare and comply with the law of armed conflict, was discussed.

